

BIKING IN PROVENCE

Travel to Avignon, easily reachable from Marseille and Lyon airports by train and shuttle bus in under 2 hours. If possible we recommend arriving with plenty of time to explore this charming city! With a walled medieval centre, towered over by the magnificent Papal Palace, and the unique 11th century Pont d'Avignon (or bridge of Saint-Bénézet) that was never completed, the city is the perfect place to wile away an afternoon.

 Region	Provence
 Activity	Summer
 Duration	6 days
 Code	FPROV
 Price	From €990
 Level	3/5
 Comfort	4/5

ITINERARY

Day 1 Avignon

Travel to Avignon, easily reachable from Marseille and Lyon airports by train and shuttle bus in under 2 hours. If possible we recommend arriving with plenty of time to explore this charming city! With a walled medieval centre, towered over by the magnificent Papal Palace, and the unique 11th century Pont d'Avignon (or bridge of Saint-Bénézet) that was never completed, the city is the perfect place to while away an afternoon.

If you are hiring bikes our local partner will meet you for a fitting this evening or tomorrow morning.

Day 2 Cycle to l'Isle sur la Sorgue

Leave cosmopolitan Avignon behind and begin your journey into the Provençal countryside. Pedal through the suburbs of Avignon on cycle paths and quiet roads to reach the village of Le Thor dominated by its 12th century Romanesque Notre-Dame-du-Lac church. From here it's possible to take an optional detour to visit the Grottes de Thouzon cave system and marvel at how nature has sculpted the underground limestone.

After rolling into L'Isle-Sur-La-Sorgue, renowned for its antique markets, why not indulge in a refreshing sorbet while dipping a toe in the Sorgue River? Spend the afternoon wandering between the antique shops, boutiques and eateries lining the town's winding streets.

Distance: 29 km

Ascent/descent: +106/-75m

Day 3 Cycle to Gordes

Today's ride winds its way through the vineyard and olive grove dotted countryside between L'Isle Sur La Sorgue and the hilltop village of Gordes. Stop en route in the village of Fontaine de Vaucluse—the site of the largest spring in France, and source of the Sorgue River. Enjoy a cool drink on a shady café terrace, walk along the banks of the river and gaze into the emerald waters that spring from the base of the imposing limestone cliffs before hopping back into the saddle and tackling the rolling terrain between Fontaine de Vaucluse and Gordes.

The uphill approach to Gordes is rewarded with unrivalled views onto the village—the buildings of Gordes look almost draped over their hilltop home as they extend down to the valley floor below. Why not spend the afternoon relaxing poolside before sampling the local cuisine?

Distance: 23 km

Ascent/descent: 448/-156m

Day 4 Cycle to Mont Ventoux

Hop back into the saddle for a challenging but rewarding day of pedalling punctuated by regional highlights. Soon after leaving Gordes you'll pass the Abbaye Senanque—this 12th century Cistercian monastery has been home to monks for over 900 years. If you're travelling during lavender season you'll see why the abbey has become a regional icon—rows upon rows of lavender planted in fields around the stone abbey. After the ascent to Col Des Trois Termes enjoy descending through a spectacular limestone gorge leading to the lovely hilltop village of Venasque overlooking the vineyards below. Soon you'll be cruising between vineyards of the Cote de Rhone to arrive in Bedoin—renowned among road cyclists and Tour de France fans for its position at the base of legendary Mont Ventoux.

Distance: 27 km

Ascent/descent: 601/-627m

Day 5 Cycle to Chateauneuf du pape

Leave the hills behind today for an easier ride through towns and villages of vineyard blanketed countryside to reach the wine-

connoisseurs mecca of Chateauneuf du Pape. There are plenty of picnic spots and opportunities to lunch along the route as you wind your way across the rich AOC-vine growing plains to reach Chateauneuf du Pape.

After a delicious dinner, accompanied by local wine, why not take an evening stroll up to the chateau viewpoint to watch the sunset over the Provençal hills?

Distance: 41 km

Ascent/descent: +224/-445m

📍 Day 6 **End of the trip**

After breakfast we have arranged an onward travel transfer to Avignon's TGV train station. Avignon has good train links across France; Marseille and Lyon airports are reachable in under 2 hours.

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Terms and conditions

Inscription

By booking one of our travels, the customer bindingly accepts the general terms and conditions of sale. Each customer must fill a registration form. The booking is definitively registered when the customer has settled the payment of a deposit of 35 % of the total trip's price (subject to availability at the time of registration). In case of short term booking – within 30 days before the travel departure, the full trip's price is due immediately. Payments can be settled via bank transfer (SWIFT code/IBAN number) or online, directly from our website (available soon). You will receive an email with a booking confirmation as quickly as possible.

Facturation

Once your booking registered, we send you an email with the invoice. Full payment is required at least 30 days before your arrival. If the customer does not settle the payment of the travel's price within the period agreed upon, Altaï Alpes gets the right to cancel the booking without additional charges.

Annulation

For any reason, if you decide to withdraw from a trip, the amount already paid will be refunded subject to the following exceptions:

- Cancellation up to 45 days before the agreed beginning of the trip: You will be charged 20 % of the travel's price, in addition with every non-refundable expenses for additional services booked on request (internal flights, site entrance tickets, activities...)
- Cancellation between 44 and 15 days before the agreed beginning of the trip: You will be charged 50 % of the travel's price, in addition with every non-refundable expenses for additional services booked on request (internal flights, site entrance tickets, activities...)
- Cancellation less than 14 days before the agreed beginning of the journey: You will be charged 100 % of the travel's price, in addition with every non-refundable expenses for additional services booked on request (internal flights, site entrance tickets, activities...)

Any cancellation shall be notified in writing (email, letter or fax). The cancellation will be effective as soon as we receive your written statement. If we notice early that the minimum number of participants for a trip cannot be reached, Altaï Alpes will exercise its right of withdrawal immediately. In that situation, you will be informed of the cancellation of your travel no later than 21 days before the agreed beginning of the journey. Altaï Alpes can also cancel a travel in case of major circumstances such as volcanic eruption, civil disturbances, strikes, weather and climate conditions, in order to ensure traveler's security... In such cases, you will immediately be refunded of any payments. However, you will not be entitled to any compensation.

Modification du contrat

If any change is made in the travel's contract at the customer's request, any fee that might arise from this change shall be paid by the customer. In any cases, every request for changes shall be notified in writing. In case of external events that could not be foreseen, Altaï Alpes might change some aspects of the travel contract. We will endeavour to inform you of any change as quickly as possible.

Prix et révision des prix

All travel prices for groups on our website have been calculated for the indicated number of participants. The price list is confirmed after the booking. If the number of participants is lower than expected, an additional payment charge might be applied. For each travel and program, we mention the price per person – valid for the minimum number of participants – and we provide you with detailed explanations about the services included or not. Any change, of the currency exchange rates or on the price of travel's services in particular regarding the cost of the fuel, might entail price revision.

Cession du contrat

In case of transfer of the contract by the customer to an assignee, modification and cancellation conditions will be applied.

Insurance

We recommend you to get your own insurance before your departure to cover the activities undertaken by Altaï Alpes. Please email us your insurance contract information (insurance company's name, contract number, phone number) and bring this information with you during your trip.

